

NEWSLETTER



Issue 001

January 2024

The Memory Assessment & Research Centre (MARC) is delighted to share with you its first ever e-newsletter. We are extremely grateful for your interest in research and would like to send a regular quarterly update on what's been happening at MARC.

Research News

MARC is one (out of five) UK sites to deliver the phase 3 pharmaceutical trial 'CLARITY AD,' with a promising new drug, Lecanemab.

The drug, developed by pharmaceutical companies Eisai and Biogen, appears to remove the protein beta-amyloid in the brains of people with early-stage Alzheimer's disease. Although the effects are modest, it's the first drug to slow the decline in memory and thinking, as well as improve day-to-day activities.

To read more, click the following link to see the original published article, in the New England Journal of Medicine [Lecanemab in Early Alzheimer's Disease | NEJM](#)
Our research team at Moorgreen hospital, alongside colleagues at Lymington hospital, deliver the trial.

At MARC, we have our own on-site laboratory, where the team processes biological samples taken during pharmaceutical trials.



Did you know?

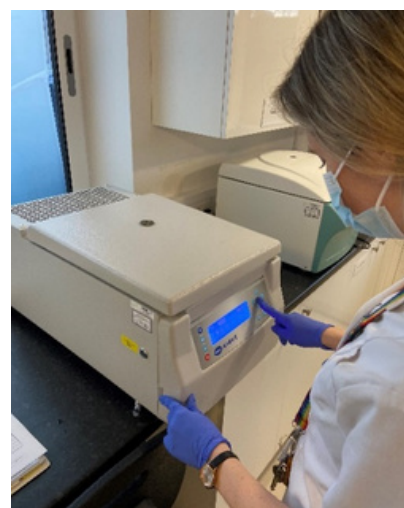
MARC has been delivering research since 1995!

Over the past 30 years, the team has conducted over 200 different research trials, including pharmaceutical trials, observational studies, and basic science projects. All of which aim to improve the diagnosis and treatment of memory disorders.

Dr Brady McFarlane, Consultant Old Age Psychiatrist and Director of MARC explains...

"We need better treatments to prevent or slow progression of diseases that cause dementia, and we need better strategies to help people live well after diagnosis.

The only way of achieving this is through dementia research. Dementia research would be impossible without people taking part and it is with their commitment that I hope that we find better treatments for dementia."



Local Services

Last summer our team met the lovely, Helen Hamblen, Charity Director of Dementia Support.

My Dementia Support is a valuable online information hub, which can help you navigate the next steps after a diagnosis and throughout your journey living with dementia.



Including:

- information surrounding dementia such as diagnosis and treatments
- helpful advice on living aids, financial planning/support, home safety and cybersecurity
- events and activities across Hampshire & Isle of Wight
- emotional and physical support by phone, call 03443 246589, Monday-Friday 8am-6pm

Click the following link to access their website:

<https://www.mydementiasupport.org/>

Creative Mojo offers a range of dementia friendly and art-based activities in Emsworth, Havant, Portsmouth, Fareham, Gosport and surrounding areas.

The team run community art and social workshops, one-to-one art sessions and delivers bespoke art kits.

Click the following link to access the website:

<https://www.creativemojo.com/focus/kym-devine/>



Useful Links

[Dementia Friendly Hampshire | Care Choices](#)

A website which provides lots of advice and tips for living with dementia:

[Living with Dementia Toolkit](#)



The Team at MARC



Southern Health
NHS Foundation Trust