

NEWSLETTER



Issue 003

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Research News - Tackling Dementia at Different Angles

- It is an exciting time in the dementia research world
- Disease-modifying treatments remove abnormal proteins that may cause brain cell loss
- New symptomatic-treatments may help alleviate more of the symptoms associated with dementia

- Tackling dementia early is key—the earlier a person receives a diagnosis, the more likely they will experience better health outcomes
- Receiving a diagnosis also gives someone the opportunity to take part in research
- Our experienced team offer extra advice, support, and the chance to receive a new treatment

If someone is living with a diagnosis, you can refer yourself or refer via a healthcare professional today. Please email us at MARC@southernhealth.nhs.uk or call 0238 047 5206

Our latest trials open to volunteers with...

Mild Cognitive Impairment



COGNIKET-MCI is a trial investigating whether ketones and B vitamins help cognitive function.

Dr Brady McFarlane is the UK Chief Investigator.

Mild Cognitive Impairment & Alzheimer's Disease



POLARIS-AD is a trial investigating whether drug, AR1001, may help the blood vessels in the brain work better.

Dr Claire Gee is our Principal Investigator.

Dementia with Lewy Bodies

BRIC is a study investigating how brain inflammation might play a role in cognitive problems.

Dr Jay Amin (right) is our Principal Investigator.

Alzheimer's Disease



PEBBAL2 is a study investigating how the permeability of the blood brain barrier might contribute to cognitive decline. **Dr Jay Amin** is the Chief Investigator.

? Principal vs Chief Investigator ?

A Principal Investigator is a medical Doctor responsible for the conduct of a trial at a site. Whereas, the Chief Investigator is the lead for the overall conduct of a trial potentially across multiple sites.

For Carer Wellbeing



iACT4CARERS is a trial investigating whether Acceptance and Commitment Therapy helps carers of people with dementia with their psychological well-being.

Dr Saif Sharif is our Principal Investigator.

Team News



Achievements



It is **Dr Rebecca Beardmore's** 10th year working at MARC. Becky started as a volunteer and is now Deputy Manager. In this time, Becky has coordinated many high-profile trials and bagged a PhD along the way. Thank you Becky for your invaluable contribution to MARC and the scientific dementia field.

To read Becky's latest work, follow these links:

<https://onlinelibrary.wiley.com/doi/pdf/10.1111/nan.12965>

<https://doi.org/10.3233/JAD-210191>



Farewell

Farewell to our Academic Director, **Professor Clive Holmes**. Clive had a rich 25-year career at MARC. His scientific work had a strong impact on the licensed medication and care delivered in dementia today. A heartfelt thank you to Clive, who is now travelling the world with his wife, Pippa. We wish you all the best in your next adventure.



Introductions

A very warm welcome to our two new team members Ejura (left) and Shalaina (right).

Ejura Ejumedia is our new Research Administrator, with a background in Project Management (MSc), Computer Science, and IT (BSc).

Shalaina Jannoo is our new Study Coordinator, with experience in neurodegenerative research and Biomedical Science (BSc).



Upcoming event



In September 2024, find us **DemFest** in Romsey. The event is free, with no need to book and welcome to all!

What? DemFest

When? Sunday 15 September, 11.00-16.00

Where? Sir Harold Hillier Gardens, Jermyn's Lane, Romsey, SO51 0QA
<https://www.hants.gov.uk/thingstodo/hilliergardens>

This event is organised by Romsey Dementia Action Group
<https://www.romdag.co.uk/>

We are very grateful for your support. With your help, we hope to better understand the disease and in treatments that work. Join us in the race against dementia.